

UPCOMING COMMUNITY EVENTS



Rock & Roll with Allegro!
National Assisted Living Week
At Allegro Harrington Park!

Join Us!

September 8th- 14th
For a Fun-Filled Week of 1950's
Themed Events!



Grandparent's Day Celebration!
DO YOU BELIEVE IN MAGIC?
Zach Alexander Magic Show
& Live Music by DJ Frank
Sunday, September 8th!
KIDS & FAMILIES ARE WELCOME!

DON'T MISS THESE EVENTS!

September 2nd from 2:00 to 3:00|Opera Appreciation w/ Joe Lawliss
September 5th from 3 to 4|HealthPro Discovery Series Lecture Presentation
September 5th from 7:30 to 8:30| Evening Concert & Cordials with Clint
September 8th from 1:45 to 5| Grandparent's Day Magic & Music Show
September 25th from 3 to 4|Monthly Resident Birthday Bash!
September 28th from 2 to 3| Apple Pie & Cider Social

Allegro at Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440



FLOURISH

SEPTEMBER 2024



WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

"I LOVE SEPTEMBER, ESPECIALLY WHEN WE'RE IN IT."

—WILLIE STARGELL

Sunday

1
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:30 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Musicals

8 Grandparent's Day!
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Zach Alexander Magic Show
3:30 **PTH** Live Music w/ DJ Frank
8:00 **T** Virtual Sunday Symphony

15
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:30 **GR** Wall Scrabble
11:30 **T** Art History Lecture
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **ACT** Social Hour
8:00 **T** Movie Musicals

22 Fall Begins!
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Qigong
11:00 **PTH** Sunday Stretch w/Laura
11:15 **GR** Wall Scrabble
11:30 **T** Art History Lecture
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

29
9:15 **PTH** Catholic Mass Livestream
10:00 **T** Communion
10:30 **ACT** Tai Chi
11:00 **PTH** Sunday Stretch w/Laura
11:15 **T** Art History Lecture
11:30 **GR** Wall Scrabble
1:45 **T** Movie Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

Monday

2 Labor Day
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
11:30 **AS** Watercolor Art
1:00 **BC** Knit Wits Club
2:00 **T** Opera Appreciation w/Joe
2:15 **GR** Labor Day Trivia
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Series

9
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:00 **A** Mary Kay Event!
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
2:15 **AS** Trivia Challenge
3:00 **B** Rock & Roll Party
3:15 **ACT** Centering Yoga Class
8:00 **T** Monday Night Series

16
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
11:30 **AS** Therapeutic Art w/ Laura
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Series

23
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
11:30 **AS** Therapeutic Art w/ Laura
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Series

30
10:00 **L** News & Views
10:30 **ACT** Morning Exercise
11:30 **T** Ted Talk & Discussion
11:30 **AS** Therapeutic Art w/ Laura
1:00 **BC** Knit Wits Club
1:15 **ML** Walking Club
1:30 **T** Weekday Movie Matinee
3:15 **ACT** Centering Yoga Class
3:30 **PTH** Social Hour
8:00 **T** Monday Night Series

Tuesday

3
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
10:30 **T** Ted Talk Tuesday
11:30 **ACT** Tuesday Trivia Fun
1:30 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Food Forum
2:00 **GR** Poker Club
4:00 **ACT** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

10
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
10:30 **T** Tuesday Ted Talk
11:30 **T** Lecture w/ Paul White
11:30 **GR** Wall Scrabble
1:30 **BC** Tech Tuesday - Help Desk
2:30 **ACT** 50's Karaoke & Photo Fun
4:00 **ACT** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

17
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
11:30 **ACT** Tuesday Trivia Fun
11:30 **T** Music Appreciation
1:30 **BC** Tech Tuesday - Help Desk
2:00 **ACT** Lifestyle Committee Mtg
3:00 **ACT** Balloon Volleyball
4:00 **ACT** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

24
9:30 **Bus** Post Office & Bank Outing
10:30 **ACT** Total Body Movement w/Deb
10:30 **T** Tuesday Ted Talk
11:30 **ACT** Wall Scrabble
1:30 **BC** Tech Tuesday - Help Desk
2:00 **PTH** Karaoke Fun
2:00 **GR** Poker Club
4:00 **ACT** Sunset Stretch
6:30 **ACT** Evening Bingo w/ Gloria O
8:00 **T** Movie Night- Resident Pick

Wednesday

4
10:30 **ACT** Balance Fitness w/ Tammie
10:30 **L** Current Events
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Tim
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Comedy

11
10:30 **ACT** Balance Fitness w/ Tammie
10:30 **L** Current Events
11:30 **ACT** Crossword Challenge
12:00 **B** Rock N' Roll BBQ
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Action

18
10:30 **ACT** Balance Fitness w/ Tammie
10:30 **L** Current Events
11:30 **ACT** Crossword Challenge
12:00 **B** Cooking Demo w/ Tim
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
5:00 **Bus** Monthly Dinner Outing
8:00 **T** Movie Comedy

25
10:30 **ACT** Balance Fitness w/ Tammie
10:30 **L** Current Events
11:30 **ACT** Allegro Newcomers Social
12:00 **B** Cooking Demo w/ Tim
1:15 **ML** Walking Club
1:45 **T** University Lecture
2:00 **GR** Mahjong w/ Stacy
2:15 **ACT** Bingo
3:00 **B** Monthly Birthday Bash
8:00 **T** Movie Action

Thursday

5
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Short Film & Discussion
12:00 **Bus** Garden State Plaza Trip
2:00 **GR** Rummikub Club
2:00 **AS** LCR Game
3:00 **ACT** HealthPro Discovery w/ Amy
3:00 **T** Ted Talk & Discussion
4:00 **ACT** Mind-Body Exercise
7:30 **PTH** Evening Concert

12
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Short Film & Discussion
11:30 **ACT** Table Topics
12:00 **Bus** Rock n' Roll Sushi Trip
1:00 **O** Ice Cream Truck Event
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
4:00 **ACT** Mind-Body Exercise
8:00 **T** Documentary Film

19
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
10:30 **T** Short Film & Discussion
11:30 **AS** Jewelry Making
12:00 **Bus** The Brick House
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
3:00 **T** Ted Talk & Discussion
4:00 **ACT** Mind-Body Exercise
8:00 **T** Movie Musicals

26
10:00 **P** Aquacise Class w/ Kim
10:30 **ACT** Gentle Yoga w/ Jen
11:30 **ACT** Reminiscing w/ Marilyn
12:00 **Bus** Apple Picking
2:00 **GR** Rummikub Club
2:00 **GR** LCR Game
2:30 **ACT** AL Resident Council
3:00 **T** Ted Talk & Discussion
4:00 **ACT** Mind-Body Exercise
8:00 **T** Movie Action

Friday

6
10:30 **ACT** Strength & Fitness
11:30 **ACT** Inspirational Quotes
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:15 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

13
10:30 **ACT** Strength & Fitness
11:30 **ACT** Famous Poets
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:15 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** 50's Milkshake Mixer
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

20
10:30 **ACT** Strength & Fitness
11:30 **AS** Art Workshop
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:15 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
3:30 **PTH** Social Hour
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

27
10:30 **ACT** Strength & Fitness
10:30 **T** Friday Special Feature
11:30 **AS** DIY Fall Craft
1:15 **ML** Walking Club
2:00 **GR** Canasta Club w/ Lisa
2:15 **ACT** Bingo Bash
2:30 **L** Writer's Group
3:15 **ACT** Yoga with Mimi
4:30 **ACT** Shabbat
8:00 **T** Movie Night - New Release

Saturday

7
9:30 **Bus** AM Shopping Shuttle
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:30 **ACT** Card Making Class
1:00 **ACT** Line Dancing
1:30 **Bus** PM Shopping Shuttle
1:45 **T** Saturday Matinee
3:30 **PTH** Social Hour
8:00 **T** Saturday Night Cinema

14
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:00 **Bus** 50's Diner Trip
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Theater

21
9:30 **Bus** AM Shopping Shuttle
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:30 **ACT** Flower Arranging
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Movie Classics

28
9:30 **Bus** AM Shopping Shuttle
10:00 **P** Aquacise w/ Kim
10:00 **BC** Shabbat -Virtual Service
10:30 **ACT** Yoga Flow
11:30 **ACT** Finish the Lines
1:00 **ACT** Line Dancing
1:45 **T** Saturday Matinee
2:15 **ACT** Bingo
3:30 **PTH** Social Hour
8:00 **T** Virtual Concert

Around our Community

Hello September

Monthly Observances

Classical Music Month
Football Month
Fall Hat Month

Special Days

Labor Day- Sept 2nd
National Coffee Ice Cream Day- Sept 6th
Grandparent's Day- Sept 8th
National Assisted Living Week- Sept 8th- 14th

National Chocolate Milkshake Day- Sept 12th
First Day of Fall- Sept 22nd

Walking Club- Mondays, Wednesdays & Fridays

** All Activities are Subject to Change**

LOCATION KEY

PTH Penthouse Pub
T Theater
ACT Activity Room
GR Game Room
L Library
AS Art Studio
BC Business Center
Bus Bus Trip
B Bistro
ML Meet in Lobby

Allegro at Harrington Park

200 Old Hook Road
Harrington Park, NJ 07640
(201) 899-4440

<https://www.allegroliving.com/senior-living-harrington-park.html>



Sunday

1 Welcome to September

10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **P** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Today in History Trivia
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

8 Grandparent's Day

10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **LR** Paint N' Sip
 2:45 **P** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** In History: Miss America
 4:00 **LR** Live Entertainment
 6:00 **LR** Concert Series

15

10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **P** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Emmy's Watch Party
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

22 Welcome Autumn

10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Fall-Themed Art
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **P** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Let's Talk: Centenarians
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

29

10:00 **CR** Virtual Catholic Mass
 11:00 **LR** Therapeutic Arts
 11:30 **P** Gentle Stretching w/ Anne
 2:30 **P** Snack N' Chat
 2:45 **P** Affirmation Nation
 3:00 **CR** Calm Breathing Bubble
 3:30 **LR** Today in History Trivia
 4:00 **LR** Bingo
 6:00 **LR** Concert Series

Monday

2 Labor Day

10:00 **LR** Wheel of Fortune
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walking Club
 1:30 **LR** Good Advice
 2:00 **LR** Chapter's Inc.
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

9

10:00 **LR** Wheel of Fortune
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walking Club
 1:30 **LR** Good Advice
 2:00 **LR** Chapter's Inc.
 3:00 **LR** Zumba Gold
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

16

10:00 **LR** Wheel of Fortune
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walking Club
 1:30 **LR** Good Advice
 2:00 **LR** Chapter's Inc.
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

23

10:00 **LR** Wheel of Fortune
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walking Club
 1:30 **LR** Good Advice
 2:00 **LR** Chapter's Inc.
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

30

10:00 **LR** Wheel of Fortune
 11:00 **LR** Crafting Corner
 11:30 **LR** Gentle Yoga
 1:00 **O** Walking Club
 1:30 **LR** Good Advice
 2:00 **LR** Chapter's Inc.
 3:00 **LR** Sports Galore
 4:00 **LR** Bingo
 6:00 **LR** Coffee and Conversations

Tuesday

3

10:00 **LR** Let's Talk
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Pass the Popcorn!
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

10

10:00 **LR** Let's Talk: Arnold Palmer
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:15 **LR** Wellness Melodies
 2:00 **LR** HP Tournament Time
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

17

10:00 **LR** Let's Talk: Harvest Moon
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

24

10:00 **LR** Let's Talk: Jim Henson
 10:30 **LR** Paper Crafting
 11:30 **LR** Total Body Movement
 1:30 **LR** Afternoon Stretch
 2:00 **LR** Cooking Class
 3:00 **LR** Pass the Popcorn!
 3:30 **PTH** Wine and Unwind
 4:00 **P** Bingo
 6:00 **CR** Ensemble Singing Society

Wednesday

4

10:00 **LR** Price is Right Trivia
 11:00 **LR** Nature's Art
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 2:15 **LR** Blooms and Booze
 3:00 **CR** Karaoke
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea

11

10:00 **LR** Price is Right
 11:00 **LR** Nature's Art
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 2:15 **LR** Mixology w. Gene
 3:00 **CR** Karaoke
 4:00 **LR** Clown Comedy Show
 6:00 **DR** Posi-ti-vi Tea

18

10:00 **LR** Price is Right
 11:00 **LR** Nature's Art
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 2:30 **P** In Review: US Air Force
 3:00 **CR** Karaoke
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea

25

10:00 **LR** Price is Right
 11:00 **LR** Nature's Art
 11:15 **LR** Balance & Strength Fitness
 1:00 **LR** Walking Club
 1:15 **P** Wellness Melodies
 3:00 **CR** Karaoke
 4:15 **LR** Bingo
 6:00 **DR** Posi-ti-vi Tea

Thursday

5

10:00 **LR** Let's Talk: NASA
 11:00 **P** Mindful Moments w. Treysi
 11:30 **LR** Freestyle Workout w/ HP
 1:30 **P** Wellness Melodies
 2:45 **P** Affirmation Nation
 3:00 **DR** Cooking Class
 3:30 **LR** Gentle Workouts w/ Debbie
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

12

10:00 **LR** Let's Talk: Lassie
 11:00 **P** Mindful Moments w. Treysi
 11:30 **LR** Freestyle Workout w/ HP
 1:30 **P** Ice Cream Truck Social
 2:00 **P** Chapter's Inc.
 2:30 **LR** Total Body Fitness
 2:45 **P** Affirmation Nation
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

19

10:00 **LR** Let's Talk
 11:00 **P** Mindful Moments w. Treysi
 11:30 **LR** Freestyle Workout w/ HP
 1:00 **LR** Bingo
 2:45 **P** Affirmation Nation
 3:00 **DR** Cooking Class
 3:30 **LR** Gentle Workouts w/ Debbie
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

26

10:00 **LR** Let's Talk
 11:00 **P** Mindful Moments w. Treysi
 11:30 **LR** Freestyle Workout w/ HP
 1:30 **P** Wellness Melodies
 2:00 **P** Chapter's Inc.
 2:30 **LR** Total Body Fitness
 2:45 **P** Affirmation Nation
 4:15 **CR** Karaoke
 6:00 **CR** Life Long Learning

Friday

6

10:00 **LR** In Review: NY Fashion
 11:00 **LR** Crafting Corner
 11:30 **LR** Latin Fusion Revolution
 1:00 **LR** Music Therapy
 1:15 **P** Coffee Ice Cream Social
 2:00 **P** Chapters Inc.
 3:00 **LR** Fitness with HP
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

13

10:00 **LR** In Review: Classic Cars
 11:00 **LR** Crafting Corner
 11:30 **LR** Latin Fusion Revolution
 1:15 **T** Fridays at the Movies
 2:30 **LR** Drum Fitness
 3:30 **LR** Elvis Presley Live Ent.
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

20

10:00 **LR** Storytelling 101
 11:00 **LR** Crafting Corner
 11:30 **LR** Latin Fusion Revolution
 1:00 **LR** Music Therapy
 1:15 **T** Fridays at the Movies
 2:00 **P** Chapters Inc.
 3:00 **LR** Fitness with HP
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

27

10:00 **LR** Fall Foliage Art
 11:00 **LR** Crafting Corner
 11:30 **LR** Latin Fusion Revolution
 1:15 **T** Fridays at the Movies
 2:30 **LR** Drum Fitness
 3:30 **LR** Bingo
 4:15 **LR** You Name It! Pictionary
 6:00 **CR** Virtual Shabbat Services

Saturday

7

9:00 **CR** Today in History
 10:00 **P** Paws & Relax
 11:15 **P** Gardening
 1:15 **LR** Color Me Happy
 2:00 **LR** Jogging your Noggin
 3:00 **LR** Balloon Volleyball
 3:30 **LR** Bingo
 4:00 **CR** The Price is Right
 6:00 **LR** Concert Series

14

9:00 **CR** Today in History
 10:00 **P** Total Body Fitness
 10:15 **P** Gardening
 1:15 **LR** Color Me Happy
 2:00 **LR** Live Entertainment .w Van
 3:00 **LR** Balloon Volleyball
 3:30 **LR** Bingo
 4:00 **CR** The Price is Right
 6:00 **LR** Concert Series

21

9:00 **CR** Today in History
 10:00 **P** Paws & Relax
 11:15 **P** Gardening
 1:15 **LR** Color Me Happy
 2:00 **LR** Jogging your Noggin
 3:00 **LR** Balloon Volleyball
 3:30 **LR** Bingo
 4:00 **CR** The Price is Right
 6:00 **LR** Concert Series

28

9:00 **CR** Today in History
 10:00 **P** Paws & Relax
 11:15 **P** Gardening
 1:15 **LR** Color Me Happy
 2:00 **LR** Jogging your Noggin
 3:00 **LR** Balloon Volleyball
 3:30 **LR** Bingo
 4:00 **CR** The Price is Right
 6:00 **LR** Concert Series

Around our Community

What's Going On?

What's Going On?

Classical Music Month
 Football Month
 Sewing Month
 Waffle Month

Special Days & Holidays

Labor Day 9.2
 Grandparent's Day 9.8
 Assisted Living Week
 9.8-9.14

Fun Fact of the Month:

September is the ninth month of the calendar year and has nine letters. It is the only month with this phenomenon.

LOCATION KEY

- CR** iN2L Computer
- LR** Living Room
- P** Patio
- O** Outdoors
- PTH** Penthouse Pub
- DR** Dining Room
- T** Theater

Allegro in Harrington Park

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