

## UPCOMING COMMUNITY EVENTS



### PAINT LIKE PICASSO

We want to do a shout out to Leslie from the Ananstasia Branch Library who volunteers her time and talents to our residents. Leslie comes once a month and leads our residents in a creative endeavor. This month our residents had a great experience painting a Sunset beach scene. They always look forward to her coming each month.



## DON'T MISS THESE EVENTS!

- 9/2 Labor Day Picnic
- 9/7/, 9/14, 9/21, & 9/28 Scenic Drives
- 9/8 Grandparents Day Ice Cream Social
- 9/12 Ford's Garage Resturant
- 9/26 Allegro At Sea - Italy

**Allegro in St. Augustine**  
1101 Plantation Island Drive  
St. Augustine, FL 32080  
(904) 417-8902



# FLOURISH

SEPTEMBER 2024

## WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"AGING IS NOT LOST YOUTH BUT A NEW STAGE OF OPPORTUNITY AND STRENGTH"*

— BETTY FRIEDAN

### Sunday

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

### Saturday

**1**  
 9:30 **FP** Chair Yoga  
 9:45 **CO** Church Shuttle  
 10:30 **AR** Hope Chapel Sunday Worship  
 10:30 **TH** Virtual Travelogue  
 1:30 **CR** Scrabble/Majong  
 2:00 **AR** Bowling  
 3:30 **S** Rummikube  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**2**  
 9:30 **AR** Move 'N Groove w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Music Therapy w/ Jan  
 11:30 **DR** Labor Day Picnic  
 1:00 **S** Trivia w/ Kim  
 1:30 **CR** Dominoes  
 2:00 **AR** High Stakes Bingo  
 3:00 **AR** Anastasia Library Activity  
 3:30 **S** Skip-Bo Card Game  
 6:30 **TH** At the Cinema w/ Popcorn

**3**  
 9:30 **CR** News and Views  
 10:30 **AR** Ageless Grace w/ Marty  
 1:30 **AR** How Many Words?  
 1:30 **S** Bridge  
 2:00 **GR** Chess Club  
 2:30 **AR** "Song Birds" Sip 'N Sing  
 3:30 **AR** The Good Ole' Days  
 6:30 **CR** Scrabble  
 6:30 **TH** At the Cinema w/ Popcorn

**4**  
 9:30 **AR** Stretch Exercise w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Cranium Crunches  
 10:30 **S** Rummikube  
 10:30 **AR** "Ask A Nurse"  
 1:00 **CR** Scrabble  
 2:00 **AR** Bingo Bash  
 3:00 **GR** Happy Hour  
 6:30 **TH** At the Cinema w/ Popcorn

**5**  
 9:30 **CR** Mahjong  
 9:30 **AR** Stretch 'N Flex w/ Ken  
 10:30 **TH** Sage Brain  
 11:00 **CO** Lunch Bunch  
 1:15 **S** Fun & Games w/ Terri  
 1:30 **CR** Dominoes  
 3:30 **AR** Tai Chi w/ Wanda  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**6**  
 9:30 **S** Cozy Coffee Hour  
 10:30 **AR** Rosary  
 10:30 **TH** Word Jumble  
 11:00 **AR** Catholic Service  
 1:00 **AR** Penny Poker  
 2:30 **DR** Happy Hour w/Tony & Deb  
 3:30 **AR** Rummikub/Triominos  
 6:00 **AR** Riddles and Brain Teasers  
 6:30 **TH** At the Cinema w/ Popcorn

**7**  
 9:30 **AR** Chair Yoga  
 10:30 **CO** Scenic Drive  
 1:00 **S** Skip-Bo Card Game  
 1:30 **AR** Trivia  
 1:30 **CR** Dominoes/Triominos  
 2:00 **GR** Chess Club  
 3:00 **AR** Bingo Bash  
 6:30 **TH** At the Cinema w/ Popcorn

**8**  
 9:30 **FP** Chair Yoga  
 9:45 **CO** Church Shuttle  
 10:30 **AR** Hope Chapel Sunday Worship  
 10:30 **TH** Virtual Travelogue  
 1:30 **CR** Scrabble/Majong  
 2:00 **AR** Bowling  
 3:30 **S** Rummikube  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**9**  
 9:30 **AR** Move 'N Groove w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Music Therapy w/ Jan  
 1:00 **S** Trivia w/ Kim  
 1:30 **CR** Dominoes  
 2:00 **AR** Bingo Bash  
 3:00 **AT** Canines 4 Christ Pet Therapy  
 3:30 **S** Skip-Bo Card Game  
 6:30 **TH** At the Cinema w/ Popcorn

**10**  
 9:30 **CR** News and Views  
 10:30 **AR** Ageless Grace w/ Marty  
 1:30 **AR** How Many Words?  
 1:30 **S** Creative Crafters  
 1:30 **S** Bridge  
 2:00 **GR** Chess Club  
 2:30 **AR** Chris Kastle Storyteller  
 3:30 **AR** The Good Ole' Days  
 6:30 **TH** At the Cinema w/ Popcorn

**11**  
 9:30 **AR** Stretch Exercise w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Cranium Crunches  
 10:30 **S** Rummikube  
 1:00 **S** Pampered Nails  
 1:00 **CR** Scrabble  
 2:00 **AR** Bingo Bash  
 3:00 **DR** Happy Hour w/ Taylor Express  
 6:30 **TH** At the Cinema w/ Popcorn

**12**  
 9:30 **CR** Mahjong  
 9:30 **AR** Stretch 'N Flex w/ Ken  
 10:30 **S** Tech Help with Kaycee  
 11:00 **CO** Ford Garage Restaurant  
 1:15 **S** Fun & Games w/ Terri  
 1:30 **CR** Dominoes  
 2:00 **DR** Chef Chat  
 3:00 **GR** Shuffleboard Tournament  
 3:30 **AR** Tai Chi w/ Wanda  
 5:30 **AT** Music w/ Russell

**13**  
 9:30 **S** Cozy Coffee Hour  
 10:30 **AR** Rosary  
 10:30 **CR** Sacrament of Penance  
 10:30 **S** Skip Bo Card Game  
 10:30 **TH** Word Jumble  
 11:00 **AR** Catholic Service  
 1:00 **AR** Penny Poker  
 2:30 **DR** Happy Hour w/ L. Gill  
 3:30 **AR** Rummikub/Triominos  
 6:30 **TH** At the Cinema w/ Popcorn

**14**  
 9:30 **AR** Chair Yoga  
 10:30 **AR** Triominos  
 10:30 **CO** Scenic Drive  
 1:00 **S** Skip-Bo Card Game  
 1:30 **CR** Dominoes  
 1:30 **AR** Trivia  
 2:00 **GR** Chess Club  
 3:00 **AR** Bingo Bash  
 6:30 **TH** At the Cinema w/ Popcorn

**15**  
 9:30 **FP** Chair Yoga  
 9:45 **CO** Church Shuttle  
 10:30 **AR** Hope Chapel Sunday Worship  
 10:30 **TH** Virtual Travelogue  
 1:30 **CR** Scrabble/Majong  
 2:00 **AR** Bowling  
 3:30 **S** Rummikube  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**16**  
 9:30 **AR** Move 'N Groove w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Music Therapy w/ Jan  
 1:00 **S** Trivia w/ Kim  
 1:30 **CR** Dominoes  
 2:00 **AR** High Stakes Bingo  
 3:30 **S** Skip-Bo Card Game  
 6:30 **CR** Beginning Majong  
 6:30 **TH** At the Cinema w/ Popcorn

**17**  
 9:30 **CR** News and Views  
 10:30 **AR** Ageless Grace w/ Marty  
 1:30 **AR** How Many Words?  
 1:30 **S** Bridge  
 2:00 **GR** Chess Club  
 2:30 **AR** "Song Birds" Sip N Sing!  
 3:30 **AR** The Good Ole' Days  
 6:30 **TH** At the Cinema w/ Popcorn

**18**  
 9:30 **AR** Stretch Exercise w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **S** Rummikube  
 10:30 **AR** "Ask A Nurse"  
 1:00 **CR** Scrabble  
 1:00 **S** Allegro Newsletter Group  
 2:00 **AR** Bingo Bash  
 3:00 **GR** Happy Hour  
 6:30 **TH** At the Cinema w/ Popcorn

**19**  
 9:30 **CR** Mahjong  
 9:30 **AR** Stretch 'N Flex w/ Ken  
 10:30 **TH** Sage Brain  
 11:00 **CO** Lunch Bunch  
 1:15 **S** Fun & Games w/ Terri  
 1:30 **CR** Dominoes  
 2:00 **AR** Town Hall Meeting  
 3:30 **AR** Tai Chi w/ Wanda  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**20**  
 9:30 **S** Cozy Coffee Hour  
 10:30 **AR** Rosary  
 10:30 **TH** Word Jumble  
 11:00 **AR** Catholic Service  
 1:00 **AR** Penny Poker  
 2:30 **DR** Happy Hour w/ Ivan  
 3:30 **AR** Rummikub/Triominos  
 6:00 **AR** Riddles and Brain Teasers  
 6:30 **TH** At the Cinema w/ Popcorn

**21**  
 9:30 **AR** Chair Yoga  
 10:30 **AR** Triominos  
 10:30 **CO** Scenic Drive  
 1:00 **S** Skip-Bo Card Game  
 1:30 **CR** Dominoes  
 1:30 **AR** Trivia  
 2:00 **GR** Chess Club  
 3:00 **AR** Bingo Bash  
 6:00 **AR** Family Game Night  
 6:30 **TH** At the Cinema w/ Popcorn

**22**  
 9:30 **FP** Chair Yoga  
 9:45 **CO** Church Shuttle  
 10:30 **AR** Hope Chapel Sunday Worship  
 10:30 **TH** Virtual Travelogue  
 1:00 **CR** U of St. Augustine OT Students  
 2:00 **AR** Bowling  
 3:30 **S** Rummikube  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**23**  
 9:30 **AR** Move 'N Groove w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Music Therapy w/ Jan  
 1:00 **S** Trivia w/ Kim  
 1:30 **CR** Dominoes  
 2:00 **AR** Bingo Bash  
 3:00 **AT** Canines 4 Christ Pet Therapy  
 3:30 **S** Skip-Bo Card Game  
 6:30 **CR** Beginning Majong

**24**  
 9:30 **CR** News and Views  
 10:30 **AR** Ageless Grace w/ Marty  
 1:30 **AR** How Many Words?  
 1:30 **S** Creative Crafters  
 1:30 **S** Bridge  
 2:00 **GR** Chess Club  
 3:30 **AR** The Good Ole' Days  
 6:30 **CR** Scrabble  
 6:30 **TH** At the Cinema w/ Popcorn

**25**  
 9:30 **AR** Stretch Exercise w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Cranium Crunches  
 10:30 **S** Rummikube  
 1:00 **S** Pampered Nails  
 1:00 **CR** Scrabble  
 2:00 **AR** Bingo Bash  
 3:00 **GR** Happy Hour  
 6:30 **TH** At the Cinema w/ Popcorn

**26**  
 8:00 **AC** ALLEGRO AT SEA - Destination Italy  
 2:30 **DR** Resident Referral Viva Italia Cocktail Party - Music with James Cargill

**27**  
 9:30 **S** Cozy Coffee Hour  
 10:30 **AR** Rosary  
 10:30 **S** Skip Bo Card Game  
 10:30 **TH** Word Jumble  
 11:00 **AR** Catholic Service  
 1:00 **AR** Penny Poker  
 2:30 **DR** Happy Hour w/ Coconuts  
 3:30 **AR** Rummikub/Triominos  
 6:30 **TH** At the Cinema w/ Popcorn

**28**  
 9:30 **AR** Chair Yoga  
 10:30 **AR** Triominos  
 10:30 **CO** Scenic Drive  
 1:00 **S** Skip-Bo Card Game  
 1:30 **CR** Dominoes  
 1:30 **AR** Trivia  
 2:00 **GR** Chess Club  
 3:00 **AR** Bingo Bash  
 6:30 **TH** At the Cinema w/ Popcorn

**29**  
 9:30 **FP** Chair Yoga  
 9:45 **CO** Church Shuttle  
 10:30 **AR** Hope Chapel Sunday Worship  
 10:30 **TH** Virtual Travelogue  
 1:30 **CR** Scrabble/Majong  
 2:00 **AR** Bowling  
 3:30 **S** Rummikube  
 5:30 **AT** Music w/ Russell  
 6:30 **TH** At the Cinema w/ Popcorn

**30**  
 9:30 **AR** Move 'N Groove w/ Terri  
 9:30 **CR** Mahjong  
 10:30 **AR** Music Therapy w/ Jan  
 1:00 **S** Trivia w/ Kim  
 1:30 **CR** Dominoes  
 2:00 **AR** Bingo Bash  
 3:30 **S** Skip-Bo Card Game  
 6:30 **CR** Beginning Majong  
 6:30 **TH** At the Cinema w/ Popcorn

## Allegro in St. Augustine

1101 Plantation Island Drive  
 St. Augustine, FL 32080  
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<https://www.allegroliving.com/st-augustine-fl.html>



### BIRTHDAYS

#### Residents

JoRetta A. 9/8  
 Tim B. 9/8  
 Jo C. 9/10  
 Kathryn B. 9/10  
 Marie M. 9/18  
 Claire C. 9/23  
 Lois P. 9/25  
 Phyllis M. 9/28

#### Employees

Dawn R. 9/6  
 Edward "Ted" S. 9/13  
 Julie B. 9/17

### LOCATION KEY

- FP** Front Porch
- CO** Community Outing
- AR** Activity Room
- TH** Theater
- CR** Community Room
- S** Sandpiper
- AT** Atrium
- DR** Dining Room
- GR** Bar/Game Room
- AC** Around Community