

## UPCOMING COMMUNITY EVENTS



### Happy Grandparent's Day!

*When: Sunday, September 9th*

Family and friends are invited to an afternoon guitar performance to celebrate! Please welcome Tom Magarites for his debut performance in the Activity Room from 2-3pm.



### Allegro at Sea:

#### Festa Italiana

*When: Friday, September 13th*

Ciao! Festa Italiana is coming to Alto Wheaton! It's time to channel your inner Italian and celebrate the music, food, culture, and spirit of Italy.

## DON'T MISS THESE EVENTS!

MON 9/2 12PM | LABOR DAY COOKOUT

TUES 9/3 2:30PM | LEAGUE OF WOMEN'S VOTERS VISIT

THURS 9/12 2:30PM | LIVE MAGICIAN: KEITH COBB

MON 9/16 2:30 PM | NATIONAL GUACAMOLE DAY

TUES 9/17 1:30 PM | ANDY'S ICE CREAM OUTING

SUN 9/29 2PM | NOTEABLE NOTES CHILDREN'S PIANO RECITAL

### Alto Wheaton

219 Parkway Dr  
Wheaton, IL 60187  
(630) 752-0644



# FLOURISH

SEPTEMBER 2024

## WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

*"BY ALL OF THESE LOVELY TOKENS SEPTEMBER DAYS ARE HERE, WITH  
SUMMER'S BEST OF WEATHER AND AUTUMN'S BEST OF CHEER."*

*—HELEN HUNT JACKSON*



# September 2024

## Around our Community

### Sunday

**1**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**8**  
**GRANDPARENTS' DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**15**  
**WIFE APPRECIATION DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

**22**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** ENSEMBLE FAMILY NIGHT

**29**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Seated Yoga Stretching  
10:45 **BR** Sunday Daily Reflections  
1:30 **GR** Sing Along  
2:30 **GR** Creative Crafts  
3:30 **SK** Bingo  
6:00 **SK** Classic Movies & Musicals

### Monday

**2**  
**LABOR DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
3:00 **GR** World Tour - CAMBODIA  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

**9**  
9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - AFRICA YUMS  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

**16**  
9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - BOLIVIA  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

**23**  
9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - PANAMA  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

**30**  
9:45 **BR** Songs, News & Chronicle  
10:00 **SK** Bowling w/ Staff  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **SK** Time to Cook & Reminisce  
2:00 **P** Gardens & Greenhouse Club  
3:00 **GR** World Tour - AUSTRIA  
4:00 **GR** Who, Where & What?  
6:00 **SK** Classic Movies & Musicals

### Tuesday

**3**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Game Shows  
6:00 **SK** Classic Movies & Musicals

**10**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Sing Along  
6:00 **SK** Classic Movies & Musicals

**17**  
9:45 **BR** Songs, News & Chronicle  
10:00 **O** Scenic Trips & Tales Tommy  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Songs & Senses  
2:00 **GR** Putty Green Golf +  
3:00 **SK** iN2L TV Trivia Games  
6:00 **SK** Classic Movies & Musicals

**24**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Putty Green Golf +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **O** Scenic Trips & Tales Tommy  
2:00 **SK** Songs & Senses  
3:00 **SK** iN2L TV Memory Games  
6:00 **SK** Classic Movies & Musicals

### Wednesday

**4**  
9:45 **BR** Songs, News & Chronicle  
10:00 **P** Garden & Greenhouse Club  
10:00 **BR** DECON DAN communion  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
1:30 **BR** DEVIN STAR on PIANO  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**11**  
**PATRIOT DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **P** Garden & Greenhouse Club  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
2:30 **BR** STEVE ACCARDO SINGER  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**18**  
9:45 **BR** Songs, News & Chronicle  
10:00 **P** Garden & Greenhouse Club  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Word Brain Games  
2:30 **BR** HEATHER B. SINGER  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

**25**  
**NATIONAL COMIC BOOK DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **P** Garden & Greenhouse Club  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** Comic Book Trivia  
2:30 **BR** BABETTE SINGER  
3:30 **BR** Happy Hour  
6:00 **SK** Classic Movies & Musicals

### Thursday

**5**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Playing Fun Instruments  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**12**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Playing Fun Instruments  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**19**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
12:00 **DR** ORDER IN PORTILLO'S  
1:30 **GR** Playing Fun Instruments  
2:00 **SC** Life Skills Center  
2:30 **GR** Ice Cream Social  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**26**  
**JOHNNY APPLESEED DAY**  
9:45 **BR** Songs, News & Chronicle  
10:00 **GR** Bean Bag Toss +  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **BR** The Man Who Planted Trees  
2:30 **GR** Ice Cream Social  
3:45 **BR** TIM WILSEY DRUM CIRCLE  
6:00 **SK** Classic Movies & Musicals

### Friday

**6**  
**READ A BOOK DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Book - Story Telling  
6:00 **SK** Classic Movies & Musicals

**13**  
**ALLEGRO AT SEA**  
9:45 **BR** Songs, News & Chronicle  
10:00 **O** Piazza Mercato  
11:15 **BR** Esercizio  
2:00 **O** FESTA ITALIANA w/ AL  
3:30 **SK** Tommy's Stories from Italy  
6:00 **SK** Classic Movies & Musicals

**20**  
**TRADESMEN'S DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Story Telling from Work  
6:00 **SK** Classic Movies & Musicals

**27**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
1:30 **GR** Greenhouse Club  
2:30 **GR** Name That Instrument  
3:30 **SK** Story Telling  
6:00 **SK** Classic Movies & Musicals

### Saturday

**7**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:30 **BR** TIM WILSEY - STAR STORIES  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**14**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Travel with Rick Steves  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**21**  
**ALZHEIMER'S DAY**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:00 **SK** Travel with Rick Steves  
3:00 **SK** Balloon Games  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

**28**  
9:45 **BR** Songs, News & Chronicle  
10:15 **BR** Exercise with Us!  
10:45 **BR** Morning Reflections  
2:30 **BR** TIM WILSEY - STAR STORIES  
3:30 **SK** Virtual Concerts  
6:00 **SK** Classic Movies & Musicals

### SEPTEMBER

September, September the first month of fall, It's the first month of school and football. September has the holiday Labor day, And in those fall leaves we love to play! You might need to wear your wear your favorite sweater, With all this changing weather! Eating apples and sipping cider, Our smiles can't get any wider, Welcome September, Welcome!

By: Sara C. Tate

### BIRTHDAYS:

Patricia Lindsay  
Wednesday 11th

Sue Abraham  
Thursday 19th

James Craig  
Saturday 21st

Arlene Hallo  
Tuesday 24th

## Alto Wheaton

219 Parkway Dr  
Wheaton, IL 60187  
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www.AllegroLiving.com



Jill, Bill & Ellen at Picnic



In Wheaton Memorial Park



## LOCATION KEY

- BR** Blue Room
- GR** Green Room
- SK** Sapphire Kitchen
- O** Outing
- P** Outdoor Patio
- SC** Life Skills Center
- DR** Dining Room