UPCOMING COMMUNITY EVENTS



GRANDPARENTS DAY BRUNCH

We are delighted to invite you to our Grandparents Day Brunch at Allegro! Please join us in September 8th at 11:30AM for a wonderful celebration. Toa ttend, please sign yourelf and any guests up at the front desk.



HABITAT FOR HUMANITY

Join us for a Habitat for Humanity fundraiser on Thursday, September 19th at 3:30PM in the Bistro. Buy raffle tickets to win great prizes! All funds go straight to Habitat for Humanity. It is a lot of fun for a great cause!

NEWS

UPCOMING OUTINGS

Ladies Lunch - September 6th St Lukes Brass Band & Dinner - September 13th Mens Lunch - September 20th Senior Chef Showdown - September 25th

Allegro in Winter Park

2701 Howell Branch Road Winter Park, FL 32792 (407) 961-7074



FLOURISH **SEPTEMBER 2024**

WHAT'S INSIDE

Pg 2-3 Social Calendar

Pg 4 **Upcoming Events + News**

> "AND THEN THE SUN TOOK A STEP BACK, THE LEAVES LULLED THEMSELVES TO SLEEP, AND AUTUMN AWAKENED."

-RAQUEL FRANCO



September 2024

Sunday

1

- 9:30 LB St. Peter & Paul Catholic Church Shuttle 11:00 WP Nondenominational Church Service with Pastor Clint 11:30 TH TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 3:00 WP Bean Bag Toss 6:30 TH Evening Movie 6:30 L Puzzle Partners 8
- 9:30 LB St. Peter & Paul Shuttle 11:00 WP Church Service with Pastor Clint 11:30 TH TCM Sundays 11:30 **LB** Casselberry Commons 11:30 A Grandparents Day Brunch 1:00 CR Bridge 2:00 B Chord Carnival 6:30 TH Evening Movie 6:30 L Puzzle Partners 15 9:30 LB St. Peter & Paul Catholic

Church Shuttle 11:00 **WP** Nondenominational Church Service with Pastor Clint 11:30 TH TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 3:00 WP Bean Bag Toss 6:30 TH Evening Movie 6:30 L Puzzle Partners

22

9:30 LB St. Peter & Paul Catholic Church Shuttle 11:00 WP Nondenominational Church Service with Pastor Clint 11:30 **TH** TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 3:00 WP Bean Bag Toss 6:30 TH Evening Movie 6:30 L Puzzle Partners 29 9:30 LB St. Peter & Paul Catholic

Church Shuttle 11:00 WP Nondenominational Church Service with Pastor Clint 11:30 TH TCM Sundays 11:30 LB Casselberry Commons 1:00 CR Bridge 3:00 WP Bean Bag Toss 6:30 TH Evening Movie 6:30 L Puzzle Partners

2 Labor Dav 9:30 LB Casselberry Commons 10:30 WP Exercise with Janine 11:30 LB Casselberry Commons 11:30 **TH** Mindful Meditation 1:00 **LB** Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Volleyball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 **TH** Evening Movie 9

Monday

9:30 LB Casselberry Commons 10:30 WP Exercise with Janine 11:30 LB Casselberry Commons 11:30 TH Mindful Meditation 1:00 **LB** Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Volleyball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 **TH** Evening Movie

16

9:30 LB Casselberry Commons 10:30 **WP** Exercise with Janine 11:30 LB Casselberry Commons 11:30 **TH** Mindful Meditation 1:00 **LB** Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Volleyball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 TH Evening Movie

23

9:30 LB Casselberry Commons 10:30 WP Exercise with Janine 11:30 LB Casselberry Commons 11:30 **TH** Mindful Meditation 1:00 **LB** Pharmacy Shuttle 2:00 WP Chair Vollevball 2:30 LB Banks & Post Office 2:30 CR Pop Up Library 3:30 **B** Happy Hour & Entertainment 6:30 TH Evening Movie

30

9:30 LB Casselberry Commons 10:30 WP Exercise with Janine 11:30 LB Casselberry Commons 11:30 TH Mindful Meditation 1:00 LB Pharmacy Shuttle 1:00 PK Poker 2:00 WP Chair Vollevball 2:30 LB Banks & Post Office 3:30 **B** Happy Hour & Entertainment 6:30 TH Evening Movie

Tuesdav

3

9:30 WP Blood Pressure W/Sharon 10:00 **DR** Culinary Committee 10:30 WP Sit & Strengthen with JOY 11:30 **TH** Orlando Museum of Art 1:00 CR Rummikub 2:30 WP Activity Committee 3:30 **B** Scattegories Happy Hour 6:30 TH Evening Movie 6:30 FP The Backporch Band

10

9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 WP LeftCenterRight 1:00 CR Rummikub 1:00 WP Crafts with Mayra 2:00 WP Pop Culture News 3:30 B Remembering Woodstock Happy Hour 6:30 **TH** Evening Movie 6:30 **FP** The Backporch Band

17

9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 **WP** The Butterfly Lady 1:00 CR Rummikub 1:00 WP Scattegories 2:00 WP Mixology 101 3:30 **B** Town Hall Happy Hour 6:30 TH Evening Movie 6:30 **FP** The Backporch Band

24

9:30 WP Blood Pressure W/Sharon 10:30 WP Sit & Strengthen with JOY 11:30 WP LeftCenterRight 1:00 CR Rummikub 1:00 WP Crafts with Mayra 2:30 **B** September Birthday Social 3:30 B Oktoberfest Trivia Happy Hour 6:30 TH Evening Movie 6:30 FP The Backporch Band

Allegro in Winter Park

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Wednesday

4

9:45 TH Wordle Warm Up 10:30 WP Kicks & Sticks 1:00 WP Artist in You W/Mayra 1:00 CR Canasta 1:00 PK Poker 1:30 LB Pharmacy Shuttle 2:30 WP Bible Study 3:30 **B** Caring Trans. Happy Hour 6:30 **TH** Evening Movie

11

9:45 TH Wordle Warm Up 11:30 WP Cooking Demo with Pepe 1:00 **WP** Artist in You W/Mavra 1:00 CR Canasta 1:00 PK Poker 1:30 **LB** Pharmacy Shuttle 2:30 WP Bible Study 3:30 **B** Vitas Happy Hour 6:30 **TH** Evening Movie

18

9:45 **TH** Wordle Warm Up 10:30 WP Kicks & Sticks 1:00 WP Artist in You W/Mayra 1:00 CR Canasta 1:00 PK Poker 1:30 **LB** Pharmacy Shuttle 2:30 WP Bible Study 2:30 CR New Resident Meet'N'Greet 3:30 **B** Sandcastle Happy Hour 6:30 **TH** Evening Movie

25

9:45 TH Wordle Warm Up 10:30 TH Crossword Mania 1:00 **WP** Artist in You W/Mayra 1:00 CR Canasta 1:00 PK Poker 1:30 LB Pharmacy Shuttle 2:30 WP Bible Study 3:30 **B** Family/Friends Happy Hour 4:30 LB Senior Chef Showdown 6:30 TH Evening Movie

Thursday

9:30 WP Thai Chi W/M. Robertson 10:30 **P** Water Aerobics with Joy 11:30 WP Ping Pong Match 1:00 CR Bridge 1:30 WP Kristin Hannah Book Info 2:00 WP Pass the Pig! 3:30 WP Google Reviews Happy Hour 6:30 TH Evening Movie 6:30 CR Mexican Train

12

5

9:30 WP Thai Chi W/M. Robertson 10:30 **P** Water Aerobics with Joy 11:30 TH Voters Registration 1:00 CR Bridge 1:00 WP You Be The Judge 2:00 WP Whine for Wine 3:30 **B** Bar Bingo Happy Hour 6:30 TH Evening Movie 6:30 CR Mexican Train

19

9:30 WP Thai Chi W/M. Robertson 10:30 **P** Water Aerobics with Jov 11:30 WP Ping Pong Match 1:00 CR Bridge 1:00 WP Wheel of Fortune 2:00 WP Pass the Pig! 3:30 B Habitat for Humanity Fundraiser 6:30 **TH** Evening Movie 6:30 CR Mexican Train 26

9:30 WP Thai Chi W/M. Robertson 10:30 **P** Water Aerobics with Joy 11:30 **P** Pool Hour with Lifestyles 1:00 CR Bridge 1:00 **WP** You Be The Judge 2:00 **WP** Whine for Wine 3:30 **B** Bar Bingo Happy Hour 6:30 TH Evening Movie 6:30 CR Mexican Train

Friday

6

9:30 TH Guided Traveloque 9:30 CR Mahjong 10:00 LB Walmart Shuttle 10:30 **WP** Exercise with Janine 11:30 LB Ladies Lunch Outing 2:00 WP Chair Vollevball 3:30 **B** Happy Hour & Entertainment 6:30 **TH** Evening Movie

13

- 9:30 CR Mahjong 9:30 TH Guided Video Exercise 10:00 LB Target Shuttle 10:30 WP Exercise with Janine 1:00 PD Rosh Hashanah Lunch Service 2:00 WP Chair Volleyball 3:30 B Happy Hour & Entertainment 4:30 LB St Lukes Brass Band 6:30 **TH** Evening Movie 20 9:30 TH Guided Travelogue 9:30 CR Mahiong 10:00 LB Dollar Store Shuttle 10:30 WP Exercise with Janine
- 11:30 LB Mens Lunch Outing 2:00 WP Chair Volleyball 3:30 B Happy Hour & Entertainment
- 6:30 **TH** Evening Movie

27

9:30 CR Mahjong 9:30 **TH** Guided Video Exercise 10:00 LB Dollar Tree Shuttle 10:30 WP Exercise with Janine 1:00 LB Altamonte Mall 2:00 WP Chair Volleyball 3:30 **B** Happy Hour & Entertainment 6:30 **TH** Evening Movie



Saturday

7

9:00	LB	Congregation Ohev Shalom
		Shuttle
9:30	LB	Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	Bean Bag Toss
6:30	TH	Evening Movie

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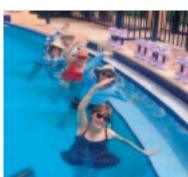
9:00	LB	Congregation Ohev Shalom
		Shuttle
9:30	LB	Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	Nail Hour with Luz
6:30	TH	Evening Movie

21

9:00	LB	Congregation Ohev Shalom
		Shuttle
9:30	LB	Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	Bean Bag Toss
6:30	TH	Evening Movie

28

9:00	LB	Congregation Ohev Shalom
		Shuttle
9:30	LB	Walk to Wellness
10:00	LB	Pharmacy Shuttle
10:30	WP	Chair Yoga with Joy
1:30	WP	Bingo for Bucks
3:00	WP	Root Beet Floats with Luz
6:30	TH	Evening Movie



Around our Community

RESIDENT BIRTHDAYS

9/1 Ira Dornfeld 9/5 Carrie Norris 9/9 Robert Kelley 9/9 Joanne Ward 9/12 Mike Flood 9/14 Norbert Jaworski 9/17 Donald Clarke 9/24 Athie Zouzoulas 9/25 Emma James 9/30 Helen Osment



LOCATION K E Y

LB	Lobby
WP	Winter Park Room
TH	Rollins Theater
CR	Card Room
L	Lounge
PK	Poker Room
В	Bistro
DR	Dining Room
FP	Fire Pit

Ρ Pool



Sunday

1

10:00 **AR** Morning Music 10:30 AR Exercise with Angela 11:00 **AR** Hollywood Trivia 1:00 P Spiritual Circle with Pastor Clint 2:15 K Snack Social 2:30 AR Bingo with Friends 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

8 Grandparents Day 10:00 **AR** Morning Music 10:30 AR Exercise with Angela 11:00 **AR** Hollywood Trivia 1:00 P Spiritual Circle with Pastor Clint 2:15 K Snack Social 2:30 AR Bingo with Friends 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

15

10:00 **AR** Morning Music 10:30 AR Exercise with Angela 11:00 **AR** Hollywood Trivia 1:00 P Spiritual Circle with Pastor Clint 2:15 K Snack Social 2:30 AR Bingo with Friends 4:00 P Evening Chats 6:00 I Sunday Night Musicals

22 Fall Begins 10:00 AR Morning Music 10:30 AR Exercise with Angela 11:00 **AR** Hollywood Trivia 1:00 P Spiritual Circle with Pastor Clint 2:15 K Birthday Celebration 2:30 AR Bingo with Friends 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

29

10:00 **AR** Morning Music 10:30 AR Exercise with Angela 11:00 **AR** Hollywood Trivia 1:00 P Spiritual Circle with Pastor Clint 2:15 K Snack Social 2:30 AR Bingo with Friends 4:00 **P** Evening Chats 6:00 I Sunday Night Musicals

Monday 2 Labor Dav 10:00 **AR** Morning Wake up 10:30 **AR** Morning Trivia 11:00 E Exercise with Towers 1:00 **AR** Residents choice 2:00 K Snack Attack 3:00 AR Instumix 4:30 P Evening Walk 6:00 **AR** Action Movie Monday

9 Birthday Celebration 10:00 AR Morning Wake up 10:30 **AR** Morning Trivia 11:00 E Exercise with Towers 1:00 **AR** Residents choice 2:00 K Birthday Celebration 3:00 AR BalloonVolleyball 4:30 **P** Evening Walk 6:00 **AR** Action Movie Monday

16

10:00 **AR** Morning Wake up 10:30 **AR** Morning Trivia 11:00 E Exercise with Towers 1:00 **AR** Residents choice 2:00 K Snack Attack 3:00 AR Instumix 4:30 **P** Evening Walk 6:00 **AR** Action Movie Monday

23

10:00 **AR** Morning Wake up 10:30 **AR** Morning Trivia 11:00 E Exercise with Towers 1:00 **AR** Residents choice 2:00 K Snack Attack 3:00 AR Balloon Volleyball 4:30 **P** Evening Walk 6:00 AR Action Movie Monday

30

10:00 **AR** Morning Wake up 10:30 **AR** Morning Trivia 11:00 E Exercise with Towers 1:00 **AR** Residents choice 2:00 K Snack Attack 3:00 AR Balloon Volleyball 4:30 **P** Evening Walk 6:00 **AR** Action Movie Monday

Tuesdav

3 9:45 S Salon Day 10:00 P Random Rambles 11:00 E Get Up and Move It Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 P Pool Side Drinks 4:00 P Residents Choice 6:00 AR Tuesday Night Comedy Movie

10

9:45 S Salon Dav 10:00 **P** Random Rambles 11:00 E Get Up and Move It Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 D Dockside Views 4:00 P Residents Choice 6:00 **AR** Tuesday Night Comedy Movie

17

9:45 S Salon Day 10:00 P Butterfly Lady 11:00 **E** Get Up and Move It Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 P Pool Side Drinks 4:00 **P** Residents Choice 6:00 **AR** Tuesday Night Comedy Movie

24

9:45 S Salon Day 10:00 **P** Random Rambles 11:00 E Get Up and Move It Exercise 1:00 **AR** Discovering Earth 2:30 K Chef's Choice! 3:00 D Dockside Views 4:00 P Residents Choice 6:00 AR Tuesday Night Comedy Movie

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25

September 2024

Wednesday Thursday 4 5 Cheese Pizza Dav 10:00 TH Morning Wake up 10:00 P Pool Hour 10:30 K Make your own Pizza 10:30 AR Morning Musical 11:00 **AR** Puzzles with Friends 11:15 **P** Chats on the Patio 1:15 P Visit with Pastor Clint 1:00 I Netflix Showing 2:00 K Snack Attack 2:00 K Snack Social 2:15 WP Aerobics with Helen 3:00 K Fall Wreaths 3:00 0 Scenic Drive 4:15 **AR** Evenings Laughs 6:00 AR Western Movie Wednesday 6:00 **AR** Classic Movie Thursdays 11 **12** Chocolate Milkshakes 9:45 AR Rhythm Roll Call 10:00 AR Simon Sav's to Stretch 10:30 **AR** Song Quiz 10:00 AR Morning Wake Up 11:00 WP Ballroom Joe 11:15 **P** Chats on the Patio 1:15 P Visit with Pastor Clint 1:00 I Netflix Showing 2:00 K Milkshakes 2:00 K Snack Attack 3:00 K Fall Themed Bracelets 3:00 0 Scenic Drive 4:00 **K** Wine Down Crosswords 4:15 **AR** Evenings Laughs 6:00 **AR** Classic Movie Thursdays 6:00 **AR** Western Movie Wednesday 19 18 Take a Drive Day 10:00 AR Pool Hour 10:00 TH Rollin Movie Theater 10:30 AR Morning Musical 10:30 AR Morning Musical 11:00 AR Puzzles with Friends 11:15 **P** Chats on the Patio 1:15 P Visit with Pastor Clint 1:00 I Netflix Showing 2:00 K Snack Attack 2:00 K Snack Social 2:15 WP Aerobics with Helen 3:00 K Maple Foam Tree 3:00 0 Scenic Drive 4:15 **AR** Evenings Laughs

26 10:00 AR Simon Say's to Stretch 9:45 AR Rhythm Roll Call 10:30 **AR** Song Quiz 10:00 AR Morning Wake Up 11:00 WP Ballroom Joe 11:15 P Chats on the Patio 1:15 P Visit with Pastor Clint 1:00 I Netflix Showing 2:00 K Snack Attack 2:00 K Snack Social 3:00 0 Scenic Drive 3:00 K Autumn Painting 4:00 K Wine Down Crosswords 4:15 **AR** Evenings Laughs 6:00 **AR** Western Movie Wednesday 6:00 **AR** Classic Movie Thursdays

6:00 **AR** Western Movie Wednesday

2:30 K Bingo 3:30 P Entertainment with Tommy Mystery Movie Friday

Fridav

10:00 **P** Morning Affirmations

11:15 AR Exercise with Towers

10:30 AR Balloon Volleyball

1:00 I Residents Choice

2:00 K Snack Hour

13

6:00

6

10:00 P Morning Affirmations 10:30 AR Balloon Volleyball 11:15 AR Exercise with Towers 1:00 I Residents Choice 2:00 K Snack Hour 2:30 K Bingo 3:30 P Entertainment with Tina 6:00 Mystery Movie Friday

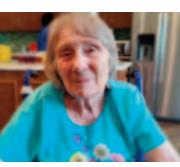
20

10:00 **P** Morning Affirmations 10:30 AR Balloon Volleyball 11:15 AR Exercise with Towers 1:00 I Residents Choice 2:00 K Snack Hour 2:30 K Bingo 3:30 P Entertainment with Deanna 6:00 Mystery Movie Friday

27 Family Night Dinner 10:00 **P** Morning Affirmations 10:30 AR Balloon Vollevball 11:15 AR Exercise with Towers 1:00 I Residents Choice 2:00 K Snack Hour 2:30 **K** Bingo 4:45 K Fall Family Night 7:00 **AR** Movie Night Friday



6:00 **AR** Classic Movie Thursdays



Saturday

7

10:00 AR Mindful Mediation 10:30 AR Pictionary 11:00 AR Music Class with Madison 1:30 I IN2L Showing 2:30 K Spilling the Tea 3:00 P Debate Club 4:00 K Ready Set Puzzle 6:00 I Saturday Night Thriller

14

10:00 AR Mindful Mediation 10:30 AR Pet Therapy 11:00 AR Music Class with Madison 1:30 I IN2L Showing 2:30 K Spilling the Tea 3:00 P Debate Club 4:00 K Ready Set Puzzle 6:00 I Saturday Night Thriller

21	В	irthday Celebration
10:00	AR	Mindful Mediation
10:30	AR	Pictionary
11:00	AR	Music Class with Madison
1:30	Ι	IN2L Showing
2:30	Κ	Birthday celebration
3:00	Р	Debate Club
4:00	Κ	Ready Set Puzzle

6:00 I Saturday Night Thriller

28		Neighbor Day
10:00	AR	Mindful Mediation
10:30	AR	Charades
11:00	AR	Music Class with Madison
1:30	Ι	IN2L Showing
2:30	Κ	Spilling the Tea
3:00	Р	Debate Club
4:00	Κ	Ready Set Puzzle
6:00	Ι	Saturday Night Thriller



Around our Community

Hello September

As fall begins to paint the world in warm hues, we kick off the month with Labor Day on the 2nd, a perfect time to relax and enjoy the long weekend.

We're especially excited for our cheese pizza-making day on the 5th,

where we'll get creative in the kitchen.

On the 8th, we celebrate Grandparents Day, a special time to honor and cherish our beloved grandparents.

Throughout the month, we'll also be celebrating birthdays, making September a month full of joy and festivity.

LOCATION K E Y

- Activity Room AR
- Ρ Patio
- Κ Kitchen
- iN2L Ι
- Ε Exercise
- S Salon
- WP Winter Park Room
- Outing 0
- TH **Rollins Theater**
- D Dock