

UPCOMING COMMUNITY EVENTS



HONORING OUR VETERANS

On November 11th at 12:30 we are remembering our Veterans. We remember those who were called upon to give all a person can give. We remember those who were prepared to make that sacrifice if it were demanded of them in the line of duty. Champions of noble cause! THANK YOU IS NEVER ENOUGH!

HAPPY HOUR WITH SHARI MORNING STAR

Shari is back!! Please join us on November 1st at 3:30pm for a fun filled time! Shari has incredible musical talents that you will not want to miss! Come and say hello and welcome her back and let us have a HAPPY HOUR ARIETTA STYLE FASHION! See you there!



NEWS



THANKSGIVING MEAL

On November 22nd we will have 2- settings for Thanksgiving meal. The 1st one will be 12:30-2pm and the 2nd one will be 2:30pm-4pm. Togo orders will be picked up at 4:30-5pm. Please see Nancy to sign up for your Thanksgiving meal time. We have so much to be Thankful for.

Arietta
4 Maggie Lane
Sarasota, FL 34232
(941) 366-2200



FLOURISH

NOVEMBER 2023

WHAT'S INSIDE

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Social Calendar

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Upcoming Events + News

LIFE IS LIKE A BICYCLE, TO KEEP YOUR BALANCE YOU MUST KEEP MOVING

—ALBERT EINSTEIN

Sunday



5
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool

12
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool
2:30 **DR** Community Sing-A-Long

19
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool

26
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool
2:30 **DR** Community Sing-A-Long

Monday

Arietta

4 Maggie Lane
Sarasota, FL 34232
(941) 366-2200
<https://www.ariettaliving.com/>

6
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Art Class with Patti Anderson
4:30 **B** Game of Poker

13
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Art Class with Patti Anderson
4:30 **B** Game of Poker

20
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Art Class with Patti Anderson
4:30 **B** Game of Poker

27
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Art Class with Patti Anderson
4:30 **B** Game of Poker

Tuesday

7
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:15 **PT** Cornhole Toss
1:00 **DR** Rummikub
1:00 **G** Dominoes
1:00 **DR** Community Chat with Arietta Staff
1:30 **G** Gin Rummy
3:00 **DR** Bingo

14
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:15 **PT** Cornhole Toss
1:00 **DR** Rummikub
1:00 **G** Dominoes
1:00 **DR** Sharon O. Presents: Yankee Doodle Dandy
1:30 **G** Gin Rummy
3:00 **DR** Bingo

21
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:15 **PT** Cornhole Toss
12:30 November Birthday Pizza Party
1:00 **DR** Rummikub
1:00 **G** Dominoes
1:30 **G** Gin Rummy
3:00 **DR** Bingo

28
7:30 **DR** Breakfast
10:30 **FC** Fearless Fitness Class
11:15 **PT** Cornhole Toss
1:00 **DR** Rummikub
1:00 **G** Dominoes
1:00 **DR** Sharon O. Presents: Swing Time
1:30 **G** Gin Rummy
3:00 **DR** Bingo

Wednesday

1
7:30 **DR** Breakfast
10:30 **FC** Fitness with Legacy
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **G** Dominoes
3:30 **DR** Happy Hour w/ Shari Morning Star

8
7:30 **DR** Breakfast
10:30 **FC** Fitness with Legacy
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **G** Dominoes
3:00 **DR** Cognitive Health Workshop

15
7:30 **DR** Breakfast
10:30 **FC** Fitness with Legacy
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **G** Dominoes
3:30 **DR** Happy Hour Dancing with Andris Butkis

22
7:30 **DR** Breakfast
10:30 **FC** Fitness with Legacy
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
12:30 **DR** Thanksgiving Meal 1st Seating
2:30 **DR** Thanksgiving Meal 2nd Seating
4:30 **DR** Take Home Thanksgiving

29
7:30 **DR** Breakfast
10:30 **FC** Fitness with Legacy
11:00 **CO** Local Shopping Trips
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **G** Dominoes
3:30 **DR** Welcome Wagon Happy Hour

Thursday

2
7:30 **DR** Breakfast
10:00 **FC** Cornhole Toss
11:15 **FC** Fitness w/ Julie
1:00 **G** Rummikub
1:00 **DR** Stem Cell Life Wave Lecture w/ Dr. Staci Holweger
3:00 **DR** Bingo

9
7:30 **DR** Breakfast
10:00 **FC** Cornhole Toss
11:00 **DR** Lunch-N-Learn Know the Difference in your Senior Living Options
11:15 **FC** Fitness w/ Julie
1:00 **G** Rummikub
1:00 **DR** The Think Tank
2:00 **PT** Healing Circle w/Sky
3:00 **DR** Bingo

16
7:30 **DR** Breakfast
10:00 **FC** Cornhole Toss
11:15 **FC** Fitness w/ Julie
1:00 **G** Rummikub
3:00 **DR** Bingo

23
8:00 Office Closed(Holiday)
10:00 **FC** Cornhole Toss
1:00 **G** Rummikub

30
7:30 **DR** Breakfast
10:00 **FC** Cornhole Toss
11:15 **FC** Fitness w/ Julie
1:00 **G** Rummikub
1:30 **CO** Detwilers Market
3:00 **DR** Bingo

Friday

3
7:30 **DR** Breakfast
10:00 **FC** Fearless Fitness Class
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips 11am
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Dominoes
4:30 **B** Game of Poker
6:00 **DR** Evening Happy Hour w/ Arron Siegel Jazz Duo

10
7:30 **DR** Breakfast
10:00 **FC** Fearless Fitness Class
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips 11am
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Dominoes
1:30 **CO** UTC MALL Field Trip
4:30 **B** Game of Poker

17
7:30 **DR** Breakfast
10:00 **FC** Fearless Fitness Class
10:30 **FC** Fearless Fitness Class
11:00 **CO** Local Shopping Trips 11am
12:00 **P** Water Aerobics Class
1:00 **G** Game Room Reserved
1:30 **DR** Dominoes
3:00 **DR** Shabbat
4:30 **B** Game of Poker

24
8:00 Office Closed (Holiday)
1:00 **G** Game Room Reserved
1:30 **DR** Dominoes
4:30 **B** Game of Poker

Saturday

4
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool
11:00 **DR** Holy Communion Service and Rosery
1:30 **G** Rummikub
2:30 **DR** Saturday Movie Time
3:30 **G** Hand and Foot Card Game

11
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool
12:30 **DR** Remembering Our Veterans
1:30 **G** Rummikub
2:30 **DR** Saturday Movie Time
3:30 **G** Hand and Foot Card Game

18
7:30 **DR** Breakfast
11:00 **P** Relaxation by the Pool
11:00 **DR** Holy Communion Service and Rosery
1:30 **G** Rummikub
2:30 **DR** Saturday Movie Time
3:30 **G** Hand and Foot Card Game
6:00 **DR** Resident Run Community Pot Luck dinner

25
7:30 **DR** Breakfast
10:45 **DR** Community Sing-a-Long Rehearsal
11:00 **P** Relaxation by the Pool
1:30 **G** Rummikub
2:30 **DR** Saturday Movie Time
3:30 **G** Hand and Foot Card Game

Around our Community

MORE NEWS

UTC COMMUNITY FIELD TRIP. We are going to do a little shopping on November 10th and the bus leave at 1:30pm. Come and get a little Christmas list shopping done and enjoy the festive decor of the holiday season or grab a bite to eat while you are out. Please see Nancy to sign up for the bus.

On November 8th we will be having a Cognitive Health Workshop 3pm. Keeping our brains healthy is important. Please come and be healthy!

Ladies and Gentlemen we have a different kind of Happy Hour on November 15th at 3:30pm Andris Butkis is an exciting professional dancer that is going to come and share his moves and smiles with us. Please come and enjoy!

LOCATION KEY

- DR** Dining Room
- FC** Fitness Center
- CO** Community Outing
- G** Games
- P** Pool
- B** Billiards
- PT** Patio

WE ARE LIKE FAMILY HERE!